

JAMIA HAMDARD
(HAMDARD NAGAR, NEW DELHI-110062)

JH/RO/ICOR/2020/14
Dated: 17.03.2020

ADVISORY ON PRECAUTIONS & PREVENTIVE MEASURE
ON
CORONA VIRUS DISEASE (COVID-19)

Dear Students/Faculty and Staffs,

Jamia Hamdard continues to strongly support the initiative of Government to prevent the spread of coronavirus during the current outbreak of COVID-19 disease and associated travel restrictions imposed with it. We prioritise our students' faculty and staff health and wellbeing.

All our students/faculty and staff are suggested to stay aware of the latest information on the COVID-19 outbreak, available on the WHO website and through our national and local public health authority.

COVID-19 is still affecting people in India. Given the scale of the global outbreak, the government cannot do it alone. We also have to play our part in it.

We have discontinued all face-to-face lectures and classes from March 13, 2020. Non-essential gatherings and social events, sports and cultural activities are cancelled. The authority/administration will inform you when class resumes. The University continues to strategize on delivery methods for activity, lab, and other courses that can be taught online. All classes are suspended till March 31, 2020.

For all University facilities that continue to operate we have enhanced infection control and cleaning measures in place, and we are currently finalizing guidelines on social distancing protocols for the safest environment and continue to priorities health and safe of our community.

Good hygiene practices are the most effective means of minimizing the spread of COVID-19, and we continue to encourage these practices.

Recommendations

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Washing with soap and water for 30 second is strongly recommended.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain social distancing

Maintain at least 1 meter (3 feet) distance between yourself and anyone who is coughing or sneezing.

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Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing has the disease.

Avoid touching eyes, nose and mouth without sanitising

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose off the used tissue immediately in a closed dustbin.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

The University is doing everything that it can to reduce rates of infection in the community. We will update you with further information and advisory and we look forward for your active cooperation in this endeavour of the University.


Registrar

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